



Hemel Hempstead Cycling Club

10-mile time trials for solos & tandems

Saturday 7 August 2010, 2pm

For and on behalf of Cycling Time Trials under their Rules & Regulations

Organiser:

Paul Thomson
88 Blackmoor Gate
Furzton
Milton Keynes
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(07973 675052)
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Event webpage:
<http://www.hemelcycling.org.uk/event/open-10-mile-time-trial>

Time Keepers:

Eileen Cray & John Pick

Headquarters:

1st Leighton Buzzard Scout Grp Memorial Hall
Grovebury Road
Leighton Buzzard
Bedfordshire LU7 8SW
(the HQ is approx ¾ mile from start – see map below)

Course: **F12/10**

Start on A505, 182 yards east of Grovebury Road RAB, opposite a RAB sign on the other side of the road.

Proceed eastwards along A505, straight on at Billington RAB to RAB junction with A5 (north of Dunstable) to

Turn (5.2 miles) by taking 3rd exit out of RAB and retracing westwards along A505, straight on at Billington RAB to

Finish on A505, 126 yards east of (i.e. before) bridge over A505, some 680 yards east of the start.

*There must be no parking of motor vehicles on any part of the A505 apart from those of the officials. All parking must be on Grovebury Road or in the HQ car park (which is limited). Do NOT obstruct other road users or driveways. **You are not allowed to park on the field to the rear of the HQ.***

You must sign on in advance of your start at the headquarters where you can pick up your number and receive any last minute instructions or warnings.

Please keep your head up at all times. At roundabouts the traffic coming from the right has priority over you, so please give way.

In the interest of your own safety, Cycling Time Trials strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

Safety – not your performance – is your first priority

There is a good section of the A505 to the west of the start that is safe to warm up with a final ¼ mile section close to the start with a roundabout at each end to loop around.



No	Name	Club	LTS	Age	Cat	Std	Start Time
1	Richard Hutt	Lampard RC	22:35	53	V1	28:12	14:01
2	David Mobbs	Banbury Star CC	23:40	40	V1	25:30	14:02
3	Ian Baynes	Hemel Hempstead CC	25:17	36	S		14:03
4	Andrew Minshaw	Met Police CC	NPP	31	S		14:04
5	Danial Phillips	GS Invicta	21:20	31	S		14:05
6	Arja Scarsbrook	Team Echelon - Spiuk	22:30	62	V2W	32:15	14:06
7	Nikki Hunt	VTTA London & Home Counties	23:36	65	V2W	33:02	14:07
8	David Brookling	Banbury Star CC	25:03	74	V2	33:18	14:08
9	Denese Hallahan	Wisbech Whrs	27:15	55	V2W	30:30	14:09
10	Brian Newton	Team Echelon - Spiuk	21:12	71	V2	32:30	14:10
11	Alan Harvey	Shorter Rochford RT	22:30	64	V2	30:45	14:11
12	Barry Packman	VC Meudon	23:36	64	V2	30:45	14:12
13	Les Morris	VTTA London & Home Counties	24:51	67	V2	31:30	14:13
14	William Gladwin	Hillingdon CC	28:39	75	V2	33:34	14:14
15	David Johnson	VC10	21:02	52	V1	27:59	14:15
16	Andy Murray	Hemel Hempstead CC	22:29	41	V1	25:42	14:16
17	Leigh Harvey	North Road CC	23:20	37	SW		14:17
18	Malcolm Ash	Aylesbury CC	24:00	63	V2	30:30	14:18
19	Ronald Purdy	Willesden CC	30:08	79	V2	34:38	14:19
20	Adrian Lyons	GS Invicta	20:57	45	V1	26:30	14:20
21	Clive Saunders	Bicester Millennium CC	22:26	39	S		14:21
22	Stephen Hewitt	Hemel Hempstead CC	23:18	37	S		14:22
23	Clive Faine	Team Milton Keynes	24:25	64	V2	30:45	14:23
24	Steve Roffe	Hemel Hempstead CC	27:11	45	V1	26:30	14:24
25	Carl Chapman	GS Invicta	20:40	39	S		14:25
26	Christopher Greig	VC10	22:19	37	S		14:26
27	Paul Bachini	Icknield RC	23:08	20	S		14:27
28	Gillian Reynolds	Willesden CC	24:16	61	V2W	32:00	14:28
29	Paul Dyett	Hemel Hempstead CC	27:02	44	V1	26:18	14:29
30	Pete Lawrence	VC10	20:23	38	S		14:30
31	Neil Allonby	Icknield RC	22:10	40	V1	25:30	14:31
32	William Hilton	Team Virgin Active	23:02	25	S		14:32
33	Daniel Powell	Hemel Hempstead CC	24:13	38	S		14:33
34	Mark Kleanthous	Team Milton Keynes	26:31	49	V1	27:20	14:34
35	Tony Ball	Team Swift Allsports	20:23	41	V1	25:42	14:35
36	Geoff Perry	Team Milton Keynes	21:58	50	V1	27:33	14:36
37	David Ledgerton	Hitchin Nomads CC	22:59	46	V1	26:42	14:37
38	Brian Foran	Lampard RC	24:11	50	V1	27:33	14:38
39	Keith Kinsey	Fenland Clarion CC	26:30	74	V2	33:18	14:39
40	Simon Cannings	Team Milton Keynes	20:12	40	V1	25:30	14:40
41	Philip O'Dell	Icknield RC	22:07	54	V1	28:25	14:41
42	Neil Pugh	Fairley United CT	22:53	44	V1	26:18	14:42
43	David Saunders	Kings Cliffe Flyers	23:47	66	V2	31:15	14:43
44	John Pfeifer	Icknield RC	26:11	70	V2	32:15	14:44
45	Alastair McChesney	Solihull CC	20:11	44	V1	26:18	14:45
46	Pete Smith	Team Endura MI Racing	21:58	52	V1	27:59	14:46
47	Colin Whitford	Hinckley RC	22:48	57	V2	29:06	14:47
48	Keith Richardson	Mildenhall CC	24:45	38	S		14:48
49	Yvonne Gurney	Team Milton Keynes	25:33	37	SW		14:49
50	Rob Fletcher	VC10	20:01	39	S		14:50
51	Adrian Cox	Team Milton Keynes	21:45	49	V1	27:20	14:51
52	John Bourton	Oxonian CC	22:47	57	V2	29:06	14:52
53	Stuart Simmonds	Hemel Hempstead CC	23:55	48	V1	27:07	14:53
54	Paul Thomson	Hemel Hempstead CC	25:33	48	V1	27:07	14:54
55	Jason Gurney	Team Milton Keynes	19:51	40	V1	25:30	14:55
56	Simon Best	North Road CC	21:50	44	V1	26:18	14:56
57	Ian Middleton	Didcot Phoenix CC	22:44	35	S		14:57
58	Gavin Lewis	North Road CC	24:04	33	S		14:58
59	Colin Holmes	Icknield RC	25:25	67	V2	31:30	14:59

60	Ross Clarke	Team Milton Keynes	19:39	25	S		15:00
61	Jamie Scanlan	Fairley United CT	21:30	19	S		15:01
62	Rob Luff	Brighton Excelsior CC	22:42	53	V1	28:12	15:02
63	Merv Player	Hertfordshire Whrs	23:44	77	V2	34:06	15:03
64	Paul Jones	Cardiff Ajax CC	25:23	33	S		15:04
65	Luke Clarke	Team Milton Keynes	19:31	22	S		15:05

Tandems

66	Steve Walker Chris Walker	Leamington C & AC					15:06
67	Jeremy Mulkern Richard Moule	Aylesbury CC Bossard Whrs					15:07

Prizes:

Fastest:

1st	£ 30.00
2nd	£ 20.00
3rd	£ 15.00
4th	£ 12.00
5th	£ 10.00
6th	£ 8.00

Fastest Woman:

1st	£ 20.00
2nd	£ 10.00

Fastest Team of 3:

1st	£ 30.00
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Best on Vet Standard (55+) (Cat V2):

1st	£ 20.00
2nd	£ 15.00
3rd	£ 10.00
4th	£ 8.00

Best on Vet Standard (40-54) (Cat V1):

1st	£ 20.00
2nd	£ 15.00
3rd	£ 10.00
4th	£ 8.00

Tandem :

£ 12.00

No event runs completely smoothly, and I will apologise in advance if anything does go wayward, but if you can think of any improvements, then please let me know.

I intend to have the result board projected up on screens, plus I will have provisional results printed out at the end of the event, so please bring your specs if you need them!

It is my intention to do a small prize presentation at the end, so if you think you have won something, please stick around!

Here's looking forward to seeing you on Saturday.

Paul

Anyone who had given me an email address will have been sent this by email. The result sheet will also go out by email (last year it was done before 9pm the same day). This helps keep some small part of the costs down, and is also quicker and more reliable than using the post. Please make sure you use these facilities for as many events as you can. If you forgot to give an email, please remember for next time – Or email me as above to let me know. 😊

Results will be sent to the CTT website, and also will be available on our own club website here:

<http://www.hemelcycling.org.uk/event/open-10-mile-time-trial>