



Hemel Hempstead Cycling Club

25-mile time trial

Sunday 27th June 2010, 8am

For and on behalf of Cycling Time Trials under their Rules & Regulations

Organiser:

John Lacey
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Watford
WD17 3AA
(07771 756876 on the day)
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Event webpage:

<http://www.hemelcycling.org.uk/event/open-25-mile-time-trial>

Time Keepers:

Bob Clark (Hemel Hempstead CC)

Headquarters:

Launton Parish Hall
Bicester Road
Launton, Oxon
OX26 5DP

(the HQ is approx 1.5 mile from start – see map below)

Course: F13/25

START in Launton Lane, off the A41, approximately 3 miles southeast of Bicester, at a point about 70 yards from the A41, some 30yards south of 'Give Way 100yards' sign, level with tree immediately before gated entrance.

Proceed to junction with A41, where turn left and continue along A41, through Kingswood and Waddesdon (Warning: pedestrian controlled lights!), straight over new RAB at Aylesbury Vale Parkway station, to:-

TURN (11.96 miles) at 1st. RAB on the outskirts of Aylesbury. Retrace outward route through Waddesdon (Warning: pedestrian controlled lights!) and Kingswood, past the end of Launton Lane, to turn left onto the B4011 (towards Thame) to:-

FINISH on the B4011, about 750yards from junction with A41, at a point level with 'Footpath' sign on left-hand side of road, some 20 yards beyond road on right-hand side leading to Ambrosden.

You must sign on in advance of your start at the headquarters where you can pick up your number and receive any last minute instructions or warnings. Please return your number after your ride to the canteen in exchange for a free drink.

Please keep your head up at all times. At roundabouts the traffic coming from the right has priority over you, so please give way.

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

Further to Local Reg 3 it should be noted there is no parking available near to the start for those that like to warm up nearby. Please use the HQ.

Safety – not your performance – is your first priority

Prizes:

Fastest:

1st	£40.00
2nd	£25.00
3rd	£20.00
4th	£15.00
5th	£10.00
6th	£10.00

Best on Vet's Standard:

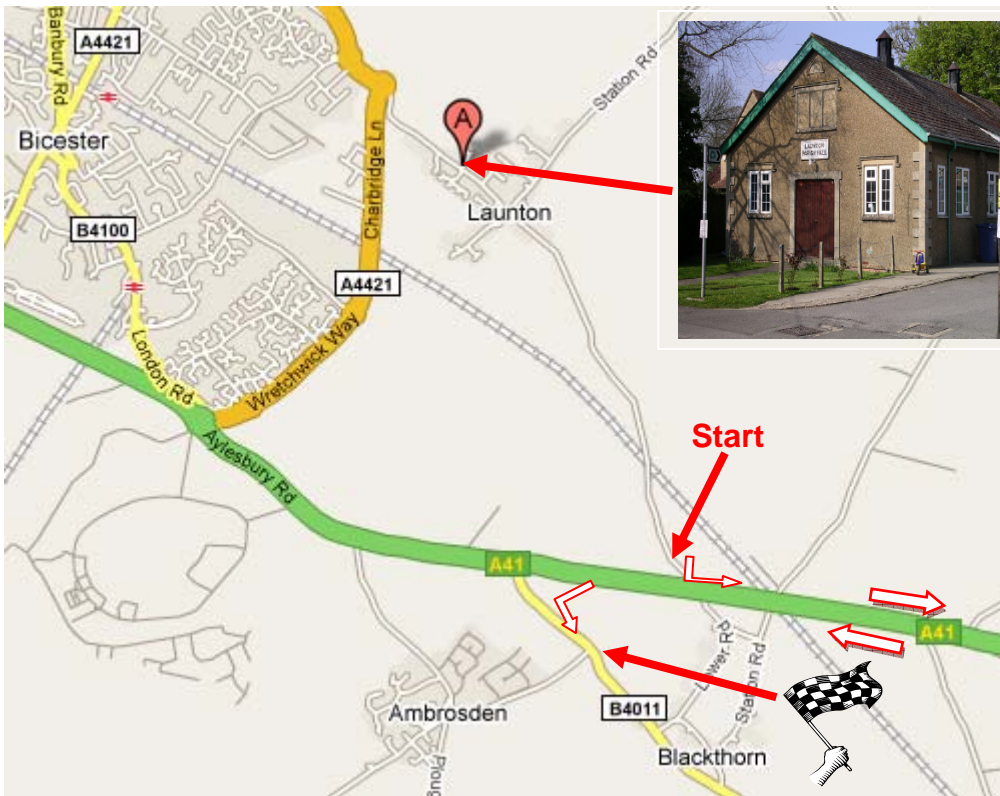
1st	£20.00
2nd	£15.00
3rd	£12.00
4th	£10.00

Fastest Lady:

£10.00

Best Team of 3 riders:

£30.00



As this is the parish hall, the church is almost right opposite, and there will be a busy service going on at the time of the event, so please do NOT park in front of the hall in the road. There is plenty of parking to the rear and further around the rear access road to the sports field.

Returning to the HQ from the finish: 3 ways:
 Return back to the A41 to the junction and either
 A: turn left towards Bicester and then right at the RAB and then right into Launton, or
 B: turn right towards Aylesbury then left past start and back to Launton.
 Finally C: continue after finish, turn left through Blackthorn then left/right at A41 to go past start back to Launton

Important note: There is a pedestrian controlled set of traffic lights in the centre of Waddesdon. We will have a marshal there to help assist users of the lights, but their primary job is to ensure that riders comply with traffic regulations and do stop if they turn red. Anyone reported for going through the red lights WILL BE disqualified and reported to the district for disciplinary action – which could be a suspension. Just to make matters worse, the lights are directly outside the local police station.

An observer will be in attendance to see that all riders comply with CTT regulations with regards to bike equipment and riding conduct. Please ensure you are fully compliant and conversant with the current CTT regulations (in particular those regarding front wheels and arm positions on tribars, etc.).

No event runs completely smoothly, and I will apologise in advance if anything does go wayward, but if you can think of any improvements, then please let me know.

I intend to have the result board projected up on screens, plus I will have provisional results printed out at the end of the event, so please bring your specs if you need them!

It is my intention to do a small prize presentation at the end, so if you think you have won something, please stick around!

Here's looking forward to seeing you on Sunday.

John

Anyone who had given me an email address will have been sent this by email. The result sheet will also go out by email. This helps keep some small part of the costs down, and is also quicker and more reliable than using the post. Please make sure you use these facilities for as many events as you can. If you forgot to give an email, please remember for next time – Or email me as above to let me know.



Results will be sent to the CTT website, and also will be available on our own club website here, hopefully within a few hours of the event finishing:

<http://www.hemelcycling.org.uk/event/open-25-mile-time-trial>

No	Name	Club	Cat	Start Time
2	Nigel Goffin	Hemel Hempstead CC	V	08:02
3	Mark Smee	Fenland Clarion	V	08:03
4	Neil Fisher	Welwyn Wheelers	V	08:04
5	Robert Saunders	North Bucks RC	V	08:05
6	Stephen Hewitt	Hemel Hempstead CC	S	08:06
7	Julian Barnard	Dulwich Paragon	V	08:07
8	John Wheelwright	North Bucks Road Club	V	08:08
9	Richard Hutt	Lampard RC	V	08:09
10	Ian Brazier	Verulam CC	V	08:10
11	John Bourton	Bicester Millennium CC	V	08:11
12	Daniel Ayton	London Dynamo	S	08:12
13	Phill Keefe	Beds Road CC	S	08:13
14	Steven Abraham	North Bucks Road Club	S	08:14
15	Pete Lawrence	VC10	S	08:15
16	Jonathan Gillham	Stevenage CC	S	08:16
17	Tim Carey	A5 Rangers CC	V	08:17
18	Ian Huntingford	Hemel Hempstead CC	V	08:18
19	Christine Yuill	Stevenage CC	W	08:19
20	David Johnson	VC10	V	08:20
21	Jonathan Page	Bicester Millennium CC	V	08:21
22	Thomas Sutherland	Twickenham CC	S	08:22
23	Keith Richardson	Mildenhall CC	S	08:23
24	Robert Major	Welwyn Wheelers	V	08:24
25	Neill Coventry	API-Metrow	V	08:25
26	Clive Faine	Team Milton Keynes	V	08:26
27	Jody Conibear	Hemel Hempstead CC	W	08:27
28	Clifford Price	London Dynamo	S	08:28
29	Michael Richardson	Icknield RC - Compomotive Wheels	V	08:29
30	Tim Carter	Team Virgin Active	V	08:30
31	Gavin Atkins	Hemel Hempstead CC	S	08:31
32	Les Church	Camel Valley C&TC	S	08:32
33	Nikki Hunt	VTTA (L&HC)	WV	08:33
34	Josephine Perry	Thames Turbo	W	08:34
35	John Dowling	Hemel Hempstead CC	V	08:35
36	Christopher Greig	VC10	S	08:36
37	Thomas Bell	Twickenham CC	S	08:37
38	John Pfeifer	Icknield RC - Compomotive Wheels	V	08:38
39	Paul Dyett	Hemel Hempstead CC	V	08:39
40	André Dyason	St Ives CC	V	08:40
41	Geoff Perry	Team Milton Keynes	V	08:41
42	Nigel Atkins	Twickenham CC	S	08:42
43	William McFarland	East London Velo	S	08:43
44	Stephen Roffe	Hemel Hempstead CC	V	08:44
45	Jesse Elzinga	Beeline Bycles RT	S	08:45
46	Steve McKeever	Team Zappi's	V	08:46
47	Brian Foran	Lampard RC	V	08:47
48	Simon Hemington	Hemel Hempstead CC	V	08:48
49	Rob Luff	Brighton Excelsior CC	V	08:49
50	Danny Axford	Arctic Premier RT	S	08:50