



Hemel Hempstead Cycling Club

Presents the

Roy Thame Cup & Spring Chicken RR

Saturday 13 March 2010

Under the Technical Regulations of British Cycling

Event websites:

<http://www.hemelcycling.org.uk/event/spring-chicken-road-races>

<http://www.hemelcycling.org.uk/event/roy-thame-cup-road-race>



Copyright © Dennis Sackett - 2003 - 2007

Event Officials:

Chief Commissaires

Stuart Cook (E123), Trevor Smith (34W)

Assistant Commissaires

Simon Howes (E123), Russell Rowles (34W), Giles Haley (both races)

First Aid

Peter Nolan

Marshals, drivers and other officials

Members of the Hemel Hempstead CC

HQ: Charndon Community Centre, Charndon, Oxon. OX27 0BL

There is very limited parking in the hall car park – please park on the adjoining roads sensibly – do not block road junctions, etc (legally you must be **at least** 25 meters from the junction). **The car park must be kept clear for race official vehicles.**

With 2 large fields potentially overlapping at lunchtime it will be very busy – be courteous to each other and other road users!

COURSE DETAILS

3,4,W: 3 laps to go first time past the finish (approx. 42 miles)

E,1,2,3: 4 laps to go first time past the finish (approx. 53 miles)

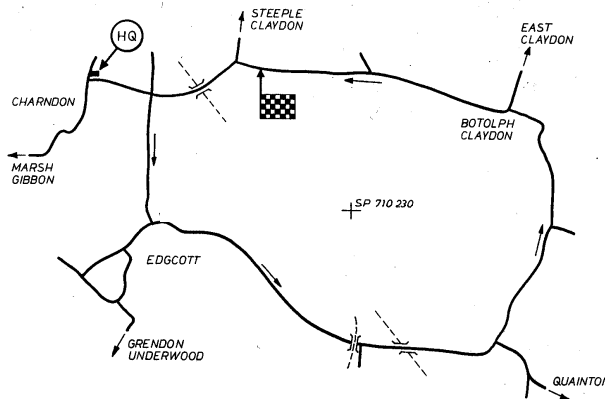
1 lap = 11 miles approx.

Please note the following hazards around the course:

- Parked cars at the left turn in Edgcott – normally on the right after the turn.
- Parked cars past the T Junction through Botolph Claydon – normally on the right.
- Parked cars located past the railway bridge between Steeple Claydon and Charndon in Calvert.
- Please listen for other hazards to be pointed out in the pre-race briefing.
- Excessive crossing of the white line has in the past resulted in disqualification.
- Oh, and please no peeing in the hedge – honest.
- We have had incidents with a horse bolting. If horses are encountered, the race WILL be neutralized and if required stopped until the horses are cleared from the course or away from the race. Heed the instructions of the officials. What must be clear is that there should be **NO Shouting** or other commotion made as that tends to make things worse and could cause injuries to horse, rider and cyclist.
- **Potholes.** Like the rest of the country, the roads have taken a hammering over the winter. There are potholes. I have got assurances from Bucks CC Highways that they will do repairs on the roads of the circuit in the week before the events, but I cannot give a 100% assurance they will do them all – so don't use your best carbon deep sections unless you can afford to have them trashed! I will do a Risk Assessment before the race to ascertain if the repairs are good enough (if done at all). If there are still sections I deem to be unacceptable I may even cancel the race. Any more minor holes still left I may try to mark. Please keep a lookout and warn following riders of such hazards.

For an interactive map:

<http://maps.google.com/maps/ms?ie=UTF&msa=0&msid=107581291947925336035.0004460a8b6f051335f9d>



Organiser:

Paul Thomson 88 Blackmoor Gate, Furzton, Milton Keynes, MK4 1DB



07973 675052 email : paul.thomson@hemelcycling.org.uk

Just a few notes:

As this will be one of or the first race of the year for many of you, please be careful out there! Also it is important that you do have your **2010** racing licence – no excuses at all – no licence and you have the choice of not riding or buying a day licence (34W race **only**) or get fined (**E123 race with proof of membership**) – **NO exceptions**. If in doubt, contact BC to get a copy sent to you or a printout from the website. Any rider in the Roy Thame Cup turning up without a licence and proof of current membership will be refused a ride!

Junior riders of all categories – you must have a top gear of 7.93 metres maximum – that's roughly **52 x 14** – it **WILL** be checked – before you are allowed to sign on and possibly afterwards too.

We will have several motorbikes of the NEG helping us, so please let them help us by allowing them to pass freely when they need to – a horn sounding from any vehicle is the normal way of telling you they wish to pass.

We will also have one Race Service vehicle supplied by Grant Phillips, so bring along a spare. Note that any spares are **NOT** allocated to you but are available for any rider. So please mark your wheel so it can be identified upon return. The Race Service is under the control of the Commissaire, and may be sent to the break or stay with the bunch, so do not always rely it will be in the group you find yourself in.

Spring Chicken RR - 3, 4, W - Regional B -10:30 start

No	NAME	CLUB	CAT
1	Gavin Atkins	Hemel Hempstead CC	3
2	Chris Grange	Hemel Hempstead CC	3
3	Simon North	Hemel Hempstead CC	3
4	Paul Tucker	Agiskoviner	3
5	Liam Hallam	Ashfield RC	3
6	Luke Raynor	Ashfield RC	3
7	Richard Burton	Aylesbury CC	4
8	Philip Adkins	BC Private Member	3
9	Lubomir Belek	BC Private Member	3
10	Jenny Copnall	BC Private Member	3L
11	David Jakeman	BC Private Member	3
12	Richard John	BC Private Member	3
13	Gerard Miley	BC Private Member	3
14	Rob Morley	BC Private Member	3
15	Kieran Roebuck	BC Private Member	3
16	Stephen Shellard	BC Private Member	3
17	Ian Taylor	BC Private Member	3
18	Paul Gibb	Bedfordshire Roads CC	4
19	Tomasz Klimkowski	Bedfordshire Roads CC	4
20	John Peters	Bedfordshire Roads CC	3
21	Ralph Keeler	Cambridge CC	3
22	Mike Deeney	CC Luton / Brandon / Eddingtons	3
23	Peter Hutchinson	Corinium CC	3
24	George Taylor	Corinium CC	3
25	Steve Yates	Corinium CC	3
26	Robert Samuel	Crest CC - Ilford	4J
27	Gareth Dickinson	Farnborough & Camberley CC - Collard Waste Mngmnt / Porsche Centre Guildford	3
28	Freddie Lewton	Giant CC	3J
29	Lionel Birnie	Gregarios Superclub Ciclista	3
30	Andrew Brown	Gregarios Superclub Ciclista	3
31	Mike Diggins	Gregarios Superclub Ciclista	3
32	Paul Lincoln	Gregarios Superclub Ciclista	4
33	James Norris	High Wycombe CC	3
34	Geoff Powell	High Wycombe CC	3
35	Kieran Dineen	Inverse Racing - Bikefood / Continental / Bikepure	3
36	Adam Elderfield	Inverse Racing - Bikefood / Continental / Bikepure	3
37	Tom Neale	Inverse Racing - Bikefood / Continental / Bikepure	3J
38	Andrew Stevenson	Inverse Racing - Bikefood / Continental / Bikepure	3
39	Richard Fairholme	Kenilworth Wheelers	4
40	Desmond Gaylor	Kenton RC	3
41	Christopher Dick	London Phoenix	3
42	David Murrell	London Phoenix	3
43	Nathan Smith	London Phoenix	3
44	Matt Passenger	Loughborough Students CC - Pedal Power	3
45	Rohan Battison	Maxgear RT	2W
46	Bernadette Hards	Maxgear RT	2W
47	Ian Wilkinson	Oxonian CC	4
48	Trevor Bradbury	Reading CC - Hale Partnership / ProVision / Mar Services	3
49	Sacha Wilson	Reading CC - Hale Partnership / ProVision / Mar Services	3

Spring Chicken RR - 3, 4, W - Regional B -10:30 start

No	NAME	CLUB	CAT
50	Gareth Richards	Roy Pink Cycles RT	4
51	Richard Stanton	Roy Pink Cycles RT	3
52	Lloyd McNally	Rugby RCC	4
53	Michael Broadwith	Shorter Rochford - Exclusive Ranges	3
54	Alec Leslie	Somerset RC - The Bicycle Chain / Notaro Windows	3
55	Simon Howard	South Western RC	4
56	Alex Avery	Spalding CC - Gibbons Cycles / Shareteq	3J
57	Adam Ellis	Spalding CC - Gibbons Cycles / Shareteq	3
58	Andrew Brown	Spirit Racing - Perfect Pipework / BSS	4
59	Alistair Brown	Spirit Racing - Perfect Pipework / BSS	3
60	Simon Parks	Spirit Racing - Perfect Pipework / BSS	3
61	Richard Stevens	Spirit Racing - Perfect Pipework / BSS	3
62	Alan Donald	Stevenage CC	4
63	Brian Parry	Swindon Road Club - Totally Bike / DHF / Rudy Project	3
64	Jeremy Read	Swindon Wheelers	3
65	Paul Dring	Team Echelon - Spiuk	3
66	Christopher Dredge	Team Milton Keynes / Trek / Phil Corleys / Abbeygate	3J
67	Jason Lazard	Team Milton Keynes / Trek / Phil Corleys / Abbeygate	3
68	Duncan Thorp	Team Milton Keynes / Trek / Phil Corleys / Abbeygate	4
69	Will Jenkins	Team Synergy	3
70	Alex Turner	Team Trisports	3
71	Rob Yeatman	Team Zappi - KTP / SRAM / Accelerade	3J
72	Andy Brown	Thames Velo	4
73	Martin Porter	Thames Velo	4
74	Paul Redman	Thames Velo	3
75	Jonathan Shubert	Verulam CC	3
76	Ian Knight	Virgin Active	3
77	Luke Smith	Whyte Racing UK	3
78	Rich Cooper	Willesden CC	3
79	Peter Dixon	Willesden CC	3
80	Richard Jerome	Willesden CC	3
Reserves			
81	Tristan Natoli	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	3
82	Martin Sinkinson	Spirit Racing - Perfect Pipework / BSS	4
83	Marc Boston	Inverse Racing - Bikefood / Continental / Bikepure	4
84	Nils Gustafsson	Inverse Racing - Bikefood / Continental / Bikepure	3
85	Neil Heffernan	Inverse Racing - Bikefood / Continental / Bikepure	4
86	Julian Mills	Team Milton Keynes / Trek / Phil Corleys / Abbeygate	4
87	Tom London	Willesden CC	4
88	Desmond Frantom	BC Private Member	4
89	Scott Oatridge	BC Private Member	4
90	Ian Ross	BC Private Member	4
91	Carl Stukenbrock	Team Milton Keynes / Trek / Phil Corleys / Abbeygate	4

As you can see I already have a reasonable number of reserves. This means no more advanced entries will be accepted. However on the day any entry on the line will be added to the end of the reserve list and if spaces open up reserves will be taken in order from number 81 onwards. Note that any club/teams of more than 4 riders (6 for Roy Thame Cup) was split with any remaining riders put in reserves.

Roy Thame Cup – E, 1, 2, 3 - National B -13:30 start

No	NAME	CLUB	CAT
1	Justin Hoy	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	E
2	Danny Axford	Arctic-Premier RT - Arctic Building Services / Premier Cycles	1
3	Martin Smith	Army CU	E
4	James Jones	Beeline Bikes RT	2
5	Gareth Casburn	Bicester Millennium CC	2
6	Rowan Marshall	Bynea CC	2
7	Owen Lake	Cambridge CC	2J
8	James Fox	CC Luton / Brandon / Eddingtons	2
9	Mike Jackson	CC Luton / Brandon / Eddingtons	2
10	Ian Alexander	Cheltenham & County CC	2
11	Ian Samuel	Crest CC Ilford	2
12	Andrew Magnier	Cycle Premier - Metaltek Pro CRT	E
13	James Millard	Cycle Premier - Metaltek Pro CRT	E
14	Ben Price	Cycle Premier - Metaltek Pro CRT	E
15	John Heaton-Armstrong	Cycles Dauphin / Maximuscle / Tess Wheels	1
16	Joe Skipper	Cycles Dauphin / Maximuscle / Tess Wheels	E
17	Dan Staite	Cycles Dauphin / Maximuscle / Tess Wheels	1
18	Andy Eagers	Derby Mercury RC	1
19	Harry Bulstrode	DH Cyclesport / Colnago	E
20	Jordon Skinner	Dinnington RC - Universal Cycle Centre	2J
21	Alexander King	Endura Racing	E
22	Garry Clark	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	2
23	Tim Elverson	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	E
24	Lee Smith	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	E
25	Tom Smith	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	E
26	John Wager	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	E
27	Trevor Burke	Finchley RT - Paul Simon Homes	2
28	Lee Rowe	Finchley RT - Paul Simon Homes	2
29	Jim Lewis	Glendene CC - Ridley / Vitesse / Maxim	2J
30	James Hawkins	GWR Team - Swindon Cycles / High 5 / Kalas / Scott Wilson / Diamond-HF	2
31	Llewellyn Kinch	GWR Team - Swindon Cycles / High 5 / Kalas / Scott Wilson / Diamond-HF	1
32	Scott Holmes	Hillingdon CC - fit4life.eu.com	2
33	Cam Austin	London Dynamo - Prologue Bikes	1
34	Ian Paine	London Dynamo - Prologue Bikes	1
35	Richard Prebble	Motorpoint Marshalls Pasta RT - Motorpoint / Candi TV / Pinarello / DMT	2
36	Donal Lineham	Newbury RC	2
37	Lewis Atkins	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	E
38	Kristian Downs	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	1
39	Matt Ewings	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	1
40	Steven Griffiths	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	1
41	Dean Shannon	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	1
42	James Whatling	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	1
43	Ian Cooper	Planet X	1
44	Richard Prince	Planet X	1
45	Dan Craven	Rapha Condor Sharp	E
46	Zak Dempster	Rapha Condor Sharp	E
47	Kristian House	Rapha Condor Sharp	E
48	Darren Laphorne	Rapha Condor Sharp	E
49	Tom Southam	Rapha Condor Sharp	E
50	Jonathan Tiernan Locke	Rapha Condor Sharp	E

Roy Thame Cup – E, 1, 2, 3 - National B -13:30 start

No	NAME	CLUB	CAT
51	Andy Betts	SigmaSport Specialized CT	E
52	Simon Lawn	SigmaSport Specialized CT	1
53	Robert Edgell	Somer Valley	2
54	Jerry Rayner	Somer Valley	3
55	Freddie Clark	Spirit Racing - Perfect Pipework / BSS	2
56	Sam Lawson	Spirit Racing - Perfect Pipework / BSS	2
57	Chris Parks	Spirit Racing - Perfect Pipework / BSS	2
58	Lee Desborough	St Ives CC	2
59	Paul Fielding	St Ives CC	2
60	Andrew Carnall	Swindon Road Club - Totally Bike / DHF / Rudy Project	2
61	Ashley Cox	Team Corley Cycles - Cervélo	1
62	Jake Hales	Team Corley Cycles - Cervélo	2
63	Simon Henley	Team Corley Cycles - Cervélo	2
64	Jack Waller	Team Corley Cycles - Cervélo	2J
65	Richard Wood	Team Milton Keynes - Phil Corley / Trek / Abbeyagte / Body Limits	2
66	Mike Wragg	Team Milton Keynes - Phil Corley / Trek / Abbeyagte / Body Limits	1
67	James Smith	Team Probikekit.com	1
68	James Stewart	Team Raleigh - Raleigh / High 5 / Skoda	E
69	Tom Kirk	Team Zappi / Sabbath / Clayton / KTP / Fuzzy Ducks / SRAM / Continental	2
70	Wayne Coombs	VC Montpellier / CPLC Associates	1
71	Russell Falder	VC Montpellier / CPLC Associates	1
72	Colin Parry	VC Montpellier / CPLC Associates	E
73	Grant Bayton	Wilier / BigMaggys.com / Prendas Ciclismo	E
74	Marcin Bialoblocki	Wilier / BigMaggys.com / Prendas Ciclismo	E
75	Will Bjergfelt	Wilier / BigMaggys.com / Prendas Ciclismo	E
76	Ben Luckwell	Wilier / BigMaggys.com / Prendas Ciclismo	E
77	Mark Perry	Wilier / BigMaggys.com / Prendas Ciclismo	E
78	Chris Spence	Wilier / BigMaggys.com / Prendas Ciclismo	1
79	Stephen Bradbury	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	2J
80	Simon Ernest	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	1
Reserves			
81	Robert King	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	2
82	Aaron McCaffrey	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	2
83	Alex Peterson	www.AWCycles.co.uk - Fulcrum / Vitesse / Kask / Giant	1
84	Pete Wager	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	1
85	Duncan Jamieson	Felt - Colbornes RT / Felt / Colbornes / Zipp / Castelli / Tiger	2
86	Jon Pain	Wilier / BigMaggys.com / Prendas Ciclismo	E
87	Adam Norris	Orbea - For Goodness Shakes! / Phoenix Metabolic / American Classic / Green Jersey	E
88	Thomas Durno	Cambridge University CC	3
89	Phil Starr	Python RT - Smartest Energy / Antony Mullen Furniture / Push / Real451	3
90	Robert Stimpson	Python RT - Smartest Energy / Antony Mullen Furniture / Push / Real451	3
91	Joe Harris	Reading CC - Hale Partnership / ProVision / Mar Services	2

Prize fund will be a minimum (over both races) of at least £500.

Top 10 in each race minimum.

Prizes will be awarded after each race so if you think you have got something then stay to collect!

The winner of the Roy Thame Cup race will be presented with the cup that is in memory of Roy Thame, one of the most influential people in the professional cycling scene in the UK for several decades from the 60's.

It may be kept by the winner for the remainder of the year. The base will be engraved with the winners name.

Previous winners - 2007: Dan Staite, 2008: Liam Holohan, 2009: Justin Hoy