



Hemel Hempstead Cycling Club

25-mile time trial

Sunday 26th June 2011, 8am

For and on behalf of Cycling Time Trials under their Rules & Regulations

Organiser:

John Lacey
Woodlands, Water End Road,
Potten End, Berkhamsted,
HP4 2SG
(07771 756876 on the day)
johnlacey@btinternet.com

Event webpage:

<http://www.hemelcycling.org.uk/event/open-25-mile-time-trial>

Time Keepers:

Bob Clark (Hemel Hempstead CC)

Headquarters:

Launton Parish Hall
Bicester Road
Launton, Oxon
OX26 5DP

(the HQ is approx 1.5 mile from start – see map below)

Course: F13/25

START in Launton Lane, off the A41, approximately 3 miles southeast of Bicester, at a point about 70 yards from the A41, some 30yards south of 'Give Way 100yards' sign, level with tree immediately before gated entrance.

Proceed to junction with A41, where turn left and continue along A41, through Kingswood and Waddesdon (Warning: pedestrian controlled lights!), straight over new RAB at Aylesbury Vale Parkway station, to:-

TURN (11.96 miles) at RAB on the outskirts of Aylesbury. Retrace outward route through Waddesdon (Warning: pedestrian controlled lights!) and Kingswood, past the end of Launton Lane, to turn left onto the B4011 (towards Thames) to:-

FINISH on the B4011, about 750yards from junction with A41, at a point level with 'Footpath' sign on left-hand side of road, some 20 yards beyond road on right-hand side leading to Ambrosden.

You must sign on in advance of your start at the headquarters where you can pick up your number and receive any last minute instructions or warnings. Please return your number after your ride to the canteen in exchange for a free drink.

Please keep your head up at all times. At roundabouts the traffic coming from the right has priority over you, so please give way.

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

Further to Local Reg 3 it should be noted there is no parking available near to the start for those that like to warm up nearby. Please use the HQ.

Safety – not your performance – is your first priority

Prizes:**Fastest:**

1st	£40.00
2nd	£25.00
3rd	£20.00
4th	£15.00
5th	£10.00
6th	£10.00

Best on Vet's Standard:

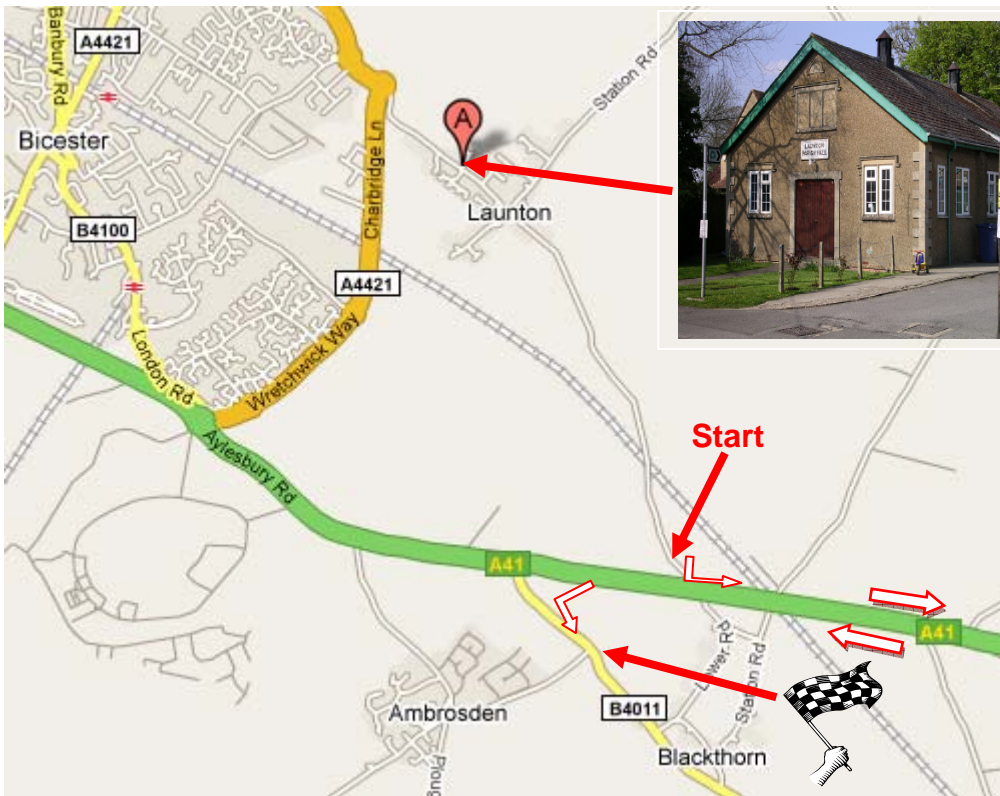
1st	£20.00
2nd	£15.00
3rd	£10.00

Fastest Lady:

£10.00

Best Team of 3 riders:

£30.00



As this is the parish hall, the church is almost right opposite, and there will be a busy service going on at the time of the event, so please do NOT park in front of the hall in the road. There is plenty of parking to the rear and further around the rear access road to the sports field.

Returning to the HQ from the finish: 3 ways:
 Return back to the A41 to the junction and either
 A: turn left towards Bicester and then right at the RAB and then right into Launton, or
 B: turn right towards Aylesbury then left past start and back to Launton.
 Finally C: continue after finish, turn left through Blackthorn then left/right at A41 to go past start back to Launton

Important note: There is a pedestrian controlled set of traffic lights in the centre of Waddesdon. We will have a marshal there to help assist users of the lights, but their primary job is to ensure that riders comply with traffic regulations and do stop if they turn red. Anyone reported for going through the red lights WILL BE disqualified and reported to the district for disciplinary action – which could be a suspension. Just to make matters worse, the lights are directly outside the local police station.

An observer will be in attendance to see that all riders comply with CTT regulations with regards to bike equipment and riding conduct. Please ensure you are fully compliant and conversant with the current CTT regulations (in particular those regarding front wheels and arm positions on tribars, etc.).

No event runs completely smoothly, and I will apologise in advance if anything does go wayward, but if you can think of any improvements, then please let me know.

I intend to have the result board projected up on screens, plus I will have provisional results printed out at the end of the event, so please bring your specs if you need them!

It is my intention to do a small prize presentation at the end, so if you think you have won something, please stick around!

Here's looking forward to seeing you on Sunday.

John

Anyone who had given me an email address will have been sent this by email. The result sheet will also go out by email. This helps keep some small part of the costs down, and is also quicker and more reliable than using the post. Please make sure you use these facilities for as many events as you can. If you forgot to give an email, please remember for next time – Or email me as above to let me know.



Results will be sent to the CTT website, and also will be available on our own club website here, hopefully within a few hours of the event finishing:

<http://www.hemelcycling.org.uk/event/open-25-mile-time-trial>

No.	Name	Club	Cat	Start Time
7	Paul Thomson	Hemel Hempstead CC	V	08:07
8	Debbie Knott	VC10	W	08:08
9	Michael Richardson	Icknield RC - Compomotive Wheels	V	08:09
10	Robert Saunders	North Bucks RC	V	08:10
11	Andrew Burnett	Bicester Millennium CC	V	08:11
12	Brian Foran	Lampard RC	V	08:12
13	Amy Forshaw	Hemel Hempstead CC	W	08:13
14	Sandra Mogan	Hemel Hempstead CC	WV	08:14
15	Neill Coventry	API-Metrow	V	08:15
16	David Welling	North Hampshire Road Club	V	08:16
17	Daniel Ayton	London Dynamo	S	08:17
18	Stuart Simmonds	Hemel Hempstead CC	V	08:18
19	Carol MacDonald	Hemel Hempstead CC	W	08:19
20	Tejvan Pettinger	Sri Chimnoy Cycling Team	S	08:20
21	Jonathan Page	Bicester Millennium CC	V	08:21
22	Stephen Hewitt	Hemel Hempstead CC	S	08:22
23	Peter Anstey	Welwyn Wheelers CC	V	08:23
24	Sarah Williamson	Hemel Hempstead CC	WV	08:24
25	André Dyason	VC10	V	08:25
26	Steve McKeever	Oxford University Cycling Team	V	08:26
27	Malcolm Ash	Aylesbury CC	V	08:27
28	Simon Hemington	Hemel Hempstead CC	V	08:28
29	Ian Mead	A5 Rangers	V	08:29
30	David Johnson	VC10	V	08:30
31	Simon Baker	Bicester Millennium CC	V	08:31
32	Phil Holloway	Southend Wheelers	V	08:32
33	Tim Carey	A5 Rangers CC	V	08:33
34	Pete Eggleston	Tri-Force	V	08:34
35	Steve Golla	High Wycombe CC	S	08:35
36	Ian Baynes	Hemel Hempstead CC	S	08:36
37	Anthony Newland	Bossard Wheelers CC	V	08:37
38	Keith Richardson	Mildenhall CC	S	08:38
39	Elizabeth Fletcher	Hemel Hempstead CC	W	08:39
40	Peter Tadros	In Gear Quickvit Trainsharp	V	08:40
41	Ian Brazier	Verulam CC	V	08:41
42	Keith Fletcher	Hemel Hempstead CC	V	08:42
43	Richard Hutt	Lampard RC	V	08:43
44	Douglas Bates	Tri-Force	V	08:44
45	Gavin Atkins	Hemel Hempstead CC	S	08:45
46	Stephen Morrell	Aylesbury CC	V	08:46
47	Oliver Mytton	Oxford Tri	S	08:47
48	Neil Fisher	Welwyn Wheelers	V	08:48
49	Bernard Lamb	Hemel Hempstead CC	V	08:49
50	Danny Axford	Arctic Premier RT	S	08:50
	Tandem			
51	Richard Moule	Bossard Wheelers CC		08:51
	Jeremy Mulkern	Aylesbury CC		